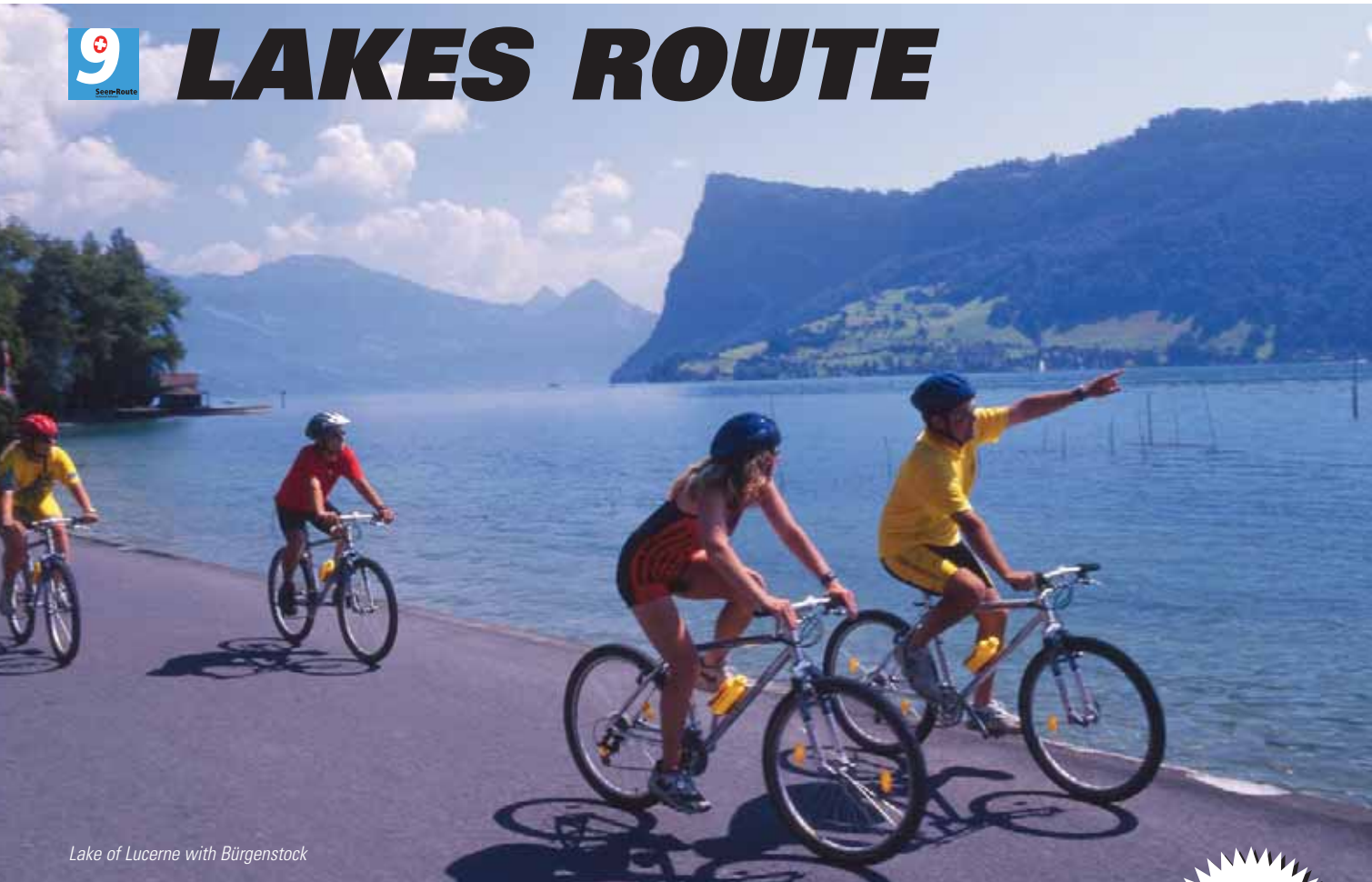




LAKES ROUTE

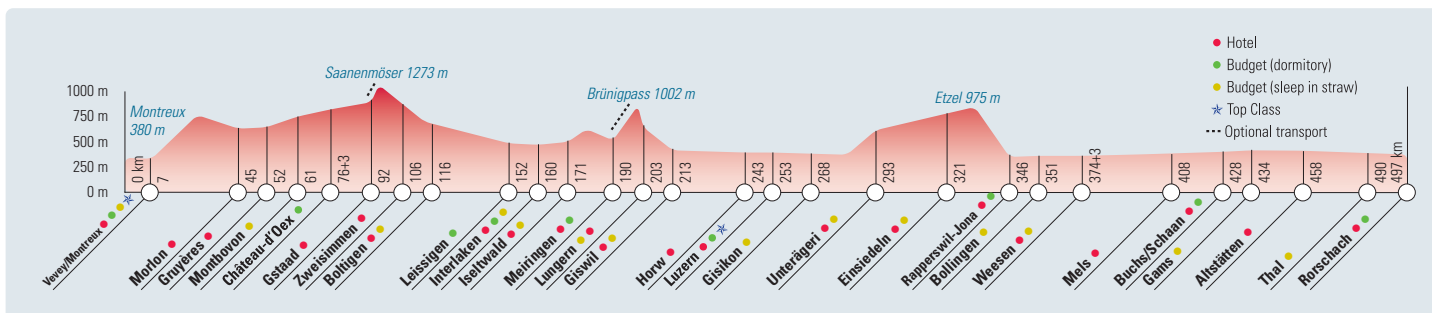


Lake of Lucerne with Bürgenstock



- ★ **LAKE GENEVA**
THE «SWISS RIVIERA»
- ★ **PAYS D'ENHAUT VALLEY**
THE EPITOME OF SWISS DAIRY FARMING
- ★ **PRETTY PICTURE-BOOK CHALETs**
IN THE SIMMENTAL VALLEY
- ★ **INTERLAKEN / JUNGFRAU REGION**
- ★ **LUCERNE AND LAKE LUCERNE**
AND PERHAPS A SIDE-TRIP TO MT RIGI OR MT PILATUS?
- ★ **EINSIEDELN**
FAMOUS PLACE OF PILGRIMAGE ON THE WAY OF ST JAMES
- ★ **RAPPERSWIL ON LAKE ZURICH**
THE CITY OF ROSES AND CHILDREN'S ZOO
- ★ **HEIDLAND**
AT LAKE WALEN WITH A MAGNIFICENT MOUNTAIN BACKDROP

ELEVATION PROFILE AND ROUTE STAGES



CHARACTER

The Lakes Route is aptly named because from its start in Vevey on Lake Geneva in the south, the route skirts 16 lakes before reaching its destination at Lake Constance in the north.

To get from one lake to the other is not always a walk in the park ... you will have some hills to contend with – some of steeper and some less steep grades. Make no mistake. This route is a challenge both with regard to the total distance covered and to the topography encountered. But the great thing is that should the going get too tough you can always load your bike on to the train and take the comfortable way out. If you complete the Lakes Route you can pat yourself on the back and know that you've really experienced Switzerland.

ROUTE

VEVEY - GRUYÈRES (MORLON) 45 km
Leaving sparkling Lake Geneva behind your ride takes the old Cheese Route to Gruyères. This pretty village perched on its hill attracts thousands of tourists every year who all fall prey to its medieval charms.

GRUYÈRES - BOLTIGEN (ZWEISIMMEN) 64 km

The clanking of cow bells will be your constant companion on this stretch in Saanen country and the Simmen valley. This is dairy-riding country at its best.

BOLTIGEN - ISELTWALD (MEIRINGEN) 73 km

Lake Thun and Lake Brienz are framed by the snowy peaks of the Bernese Alps – a panorama that doesn't get better than this! And as for Interlaken, the adventure capital of Switzerland, there's no shortage of choice.

ISELTWALD - HORW (LUCERNE) 58 km

The Brünig Pass is an exciting challenge for some, a steep obstacle for others. Just as long as you know that the cable car at Meiringen can whisk you up to Hasliberg and from there it is pretty much a downhill ride all the way – along Lake Lungern and Lake Sarnen to the shores of Lake Lucerne.

HORW - UNTERÄGERI (ZUG) 45 km

A short section today. You will surely want to stroll through Lucerne, enjoy the panoramic view from Mt Rigi or Mt Pilatus, or perhaps take a boat ride and discover the beauties of the lake. Later on, Lake Zug awaits with cherries in every variety and at Lake Aegeri we are reminded that here centuries ago the Swiss Confederates forced

the occupying Habsburg army to flee.

UNTERÄGERI - RAPPERSWIL-JONA 53 km

The Rothenturm high moorland is a precious tract of open countryside; Einsiedeln is Switzerland's most-frequented place of pilgrimage. Both of these are on your route today. From Lake Sihl it's down valley to the shores of Lake Zurich and your overnight stay in the charming town of Rapperswil – definitely a highlight on the Lakes Route!

RAPPERSWIL-JONA - BUCHS 82 km

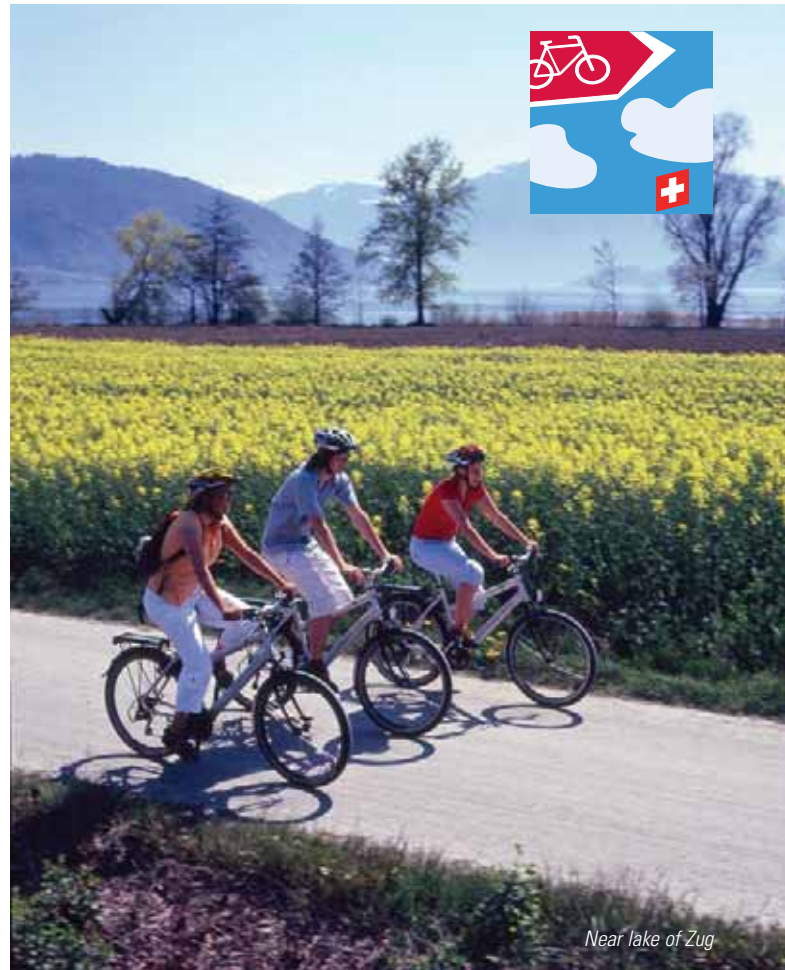
A longer ride today, but a very level one along the shores of Lake Zurich and Lake Walenstadt – between towering rock faces on either side. In Sargans the Lakes Route leads into the Rhine valley and from now on it's plain sailing on the Rhine dam through the Principality of Liechtenstein and into Buchs.

BUCHS - RORSCHACH 69 km

A pretty and very pleasant finale to the tour – riding along the River Rhine to Lake Constance and your final Lakes Route destination of Rorschach.

SEASON 2009

15.04.-15.10.2009 (daily service)



Near lake of Zug



SwissTrails

Take a break

Why not spend a rest day and stay for 2 nights at the same place?

We recommend:

Gstaad

Hotel Alphorn (***)

Iseltwald

Hotel Strand (***)

Ägerisee

Seminarhotel (****)

Rapperswil-Jona

Hotel Speer (****)

À la Carte

Plan your own individual bike tour: the entire route from Vevey to Rorschach as well as all the stage destinations listed in the «elevation profile» are available to you with SwissTrails à la carte. You can choose the duration of the trip as well as the start and end destinations and accommodation (hotel and budget).

Pricelist see pages 48 / 49.

RATES 2009 (in CHF / Euro, per Person, incl. VAT.)

OPTIONS	START AND FINISH	DAYS / N.	OVERNIGHTS	DIST.	BASIC R. HOTEL	BASIC R. BUDGET	RENT A BIKE	FLYER
A Relax	Vevey - Meiringen	3 / 2	Gruyères - Boltigen	183	CHF 356 / € 228	CHF 262 / € 168	CHF 87 / € 56	CHF 128 / € 82
B Relax	Meiringen - Rorschach	5 / 4	Horw - Unterägeri - Rapperswil-Jona - Buchs	307	CHF 647 / € 415	CHF 459 / € 294	CHF 116 / € 75	CHF 192 / € 123
C Relax	Vevey - Rorschach	8 / 7	Gruyères - Boltigen - Iseltwald - Horw - Unterägeri - Rapperswil-Jona - Buchs	490	CHF 1091 / € 699	CHF 761 / € 488	CHF 154 / € 99	CHF 288 / € 185
D Power	Vevey - Rorschach	6 / 5	Gstaad - Iseltwald - Unterägeri - Rapperswil-Jona - Buchs	490	CHF 785 / € 503	CHF 550 / € 352	CHF 130 / € 84	CHF 224 / € 144

* Included in the price: supplements / reductions see page 5. All other options see SwissTrails à la Carte, pages 48 / 49.

Additional night possible at start and end destination and all stage destinations / Top Class: top class hotel (usually *****) at selected stage destinations (see Elevation Profile)