



VIASBRINZ



Experience the steps on the Saumpfad while traversing the Grismel pass

MAP



OVERVIEW

The hard cheese called «Sbrinz» became a much sought after export from Central Switzerland to Northern Italy in the late Middle Ages. It played a major role in the development of the mule track through Grimsel and Gries Passes into full fledged trade route. The ViaSbrinz revives the old freight hauler tradition and passes through historic stretches and footbridges from Central Switzerland to Northern Italy. This is a cooperation between the ViaStoria – Swiss Cultural Routes, the promotional association called Sbrinz-Route and SwissTrails.

ROUTE JOCHPASS

STANSSTAD / STANS

- ENGELBERG 7:05 / 5:45

Uphill trek from the attractive shores of Lake Lucerne to the mountain valley of Engelberg. Numerous sights of cultural and his-

toric importance dot the route, such as the main region of Stans, the monastic Sust von Grafenort and the Engelberg Monastery.

ENGELBERG - ENGSTLENALP 5:25

Challenging hill section across the Joch Pass at a height of 2207 meters, the border between Central Switzerland and the Bernese Oberland. The trek is enriched by natural landscapes like hill ranges, lakes and imposing peaks, and above all the snow covered Titlis.

ENGSTLENALP - INNERTKIRCHEN / GUTTANNEN 5:00 / 7:30

Descent from Gental, close to nature, with the historic hotel, to Haslital and Innertkirchen or Guttannen with the «Bären», steeped in history. Guttannen is not only a former stopping point of freight haulers, but also an important centre for the «Strahler» (crystal hunters).

INNERTKIRCHEN / GUTTANNEN - GRIMSEL PASS 7:30 / 5:00

Uphill stretch leading to the legendary Grimsel Pass along the historic mule track with some spectacular constructions dating back to the era of freight haulers. The trek passes through an impressive mountain landscape sculpted by the Aare glacier, used for generating hydroelectric power.

GRIMSEL PASS – OBERGESTELN / ULRICHEN 3:20 / 3:50

Descent from the historic mule track (Saumpfad) with a view of the Oberwallis and the spectacular alpine panorama.

ULRICHEN - PONTE (I) 9:50

By bus to Ladstafel, trekking time to Ponte (I) approximately 7:20

Sporty trek from Goms over the 2479 m high Gries Pass into the Italian Val Formazza. Sta-

ge with varied alpine landscape marked by the history of the migrant Walsers and their ties with their old homeland.

ALTERNATIVE ROUTE «BRÜNIG»

ALPNACHSTAD - GISWIL 4:50

Trek through the floor of the Sarner Aa valley and the Wichelsee nature reserve up to the canton headquarters of Sarnen. Giswil is reached via Wiler and the impressive Steinibach delta.

GISWIL - LUNGERN 3:00

Uniform ascent through the Buchenwald to the first few houses in Kaiserstuhl. After this, along the Lungern dam to Lungern.

LUNGERN - MEIRINGEN 5:00

Impressive climb, similar to the ViaJacobi, over the mule track to the Brünig Pass. Direct descent to Meiringen, the former stopping point of the freight haulers and capital of the Hasli valley.

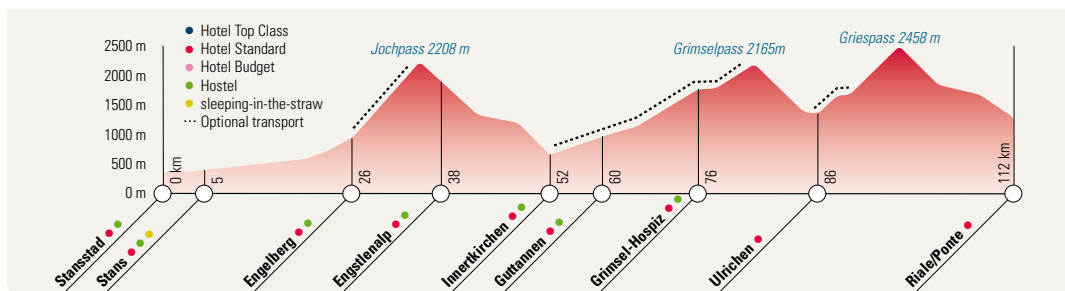
MEIRINGEN - GUTTANNEN 6:00

Trek to Innertkirchen, conquering the terrain through which the Aare has cut an impressive gorge. In Innertkirchen, this route meets the one coming from Engelberg and the Joch Pass.

SEASON 2012

01.06. - 15.10.2012 (daily service)

ELEVATION PROFILE AND ROUTE STAGES



RATES (in CHF, per Person, incl. VAT.)

Part	Category	Start / Overnights / Finish	Days / N.	Rate
Jochpass	B Standard Hotel	Stans ^(B) - Engelberg - Engstlenalp - Innertkirchen/Guttannen - Grimselpass - Ulrichen - Riale/Ponte (I) ^(B)	6/5	785.-
Brünig	B Standard Hotel	Stans ^(B) - Giswil - Lungern - Meiringen - Innertkirchen/Guttannen - Grimselpass - Ulrichen - Riale/Ponte (I) ^(B)	7/6	953.-

Rates include: accomodation, breakfast, luggage transfer, travel documents, helpline. Additional night: B) Standard: 90.-