



VIA ALPINA



Alps of the Lake of Geneva Region

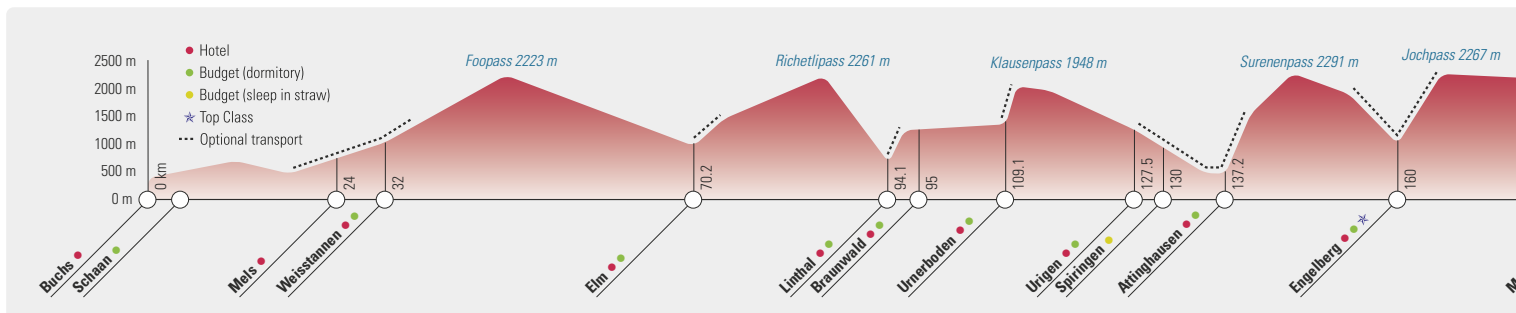


- ★ **THE GLARNER ALPS**
WITH THE FOOPASS AND RICHELTI PASS
- ★ **URNERBODEN**
THE LARGEST OF THE ALPS IN SWITZERLAND
- ★ **THE CLARIDEN HIGH TRAIL**
WITH THE COOL BREEZE OF THE NEARBY GLACIER
- ★ **THE ENGSTLEN LAKE**
A NATURAL WONDER AT THE FOOT OF THE TITLIS
- ★ **GROSSE AND KLEINE SCHEIDEGG**
FACE TO FACE WITH THE EIGER, MÖNCH AND JUNGFRAU
- ★ **THE HOHTÜRLI**
A BREATHTAKING MOUNTAIN PEAK
- ★ **GSTAAD**
WITH A TOUCH OF EXCLUSIVITY
- ★ **PAYS D'ENHAUT**
THE VERY BEST OF ALPINE CHEESE!

CHARACTER

Eight alpine countries in Europe are working together on a challenging project: their common goal is to establish official hiking trails linking all their alpine countries, from Trieste at the Adriatic Sea to Monaco on the Mediterranean. The route is officially signposted as such and – on Swiss territory between Buchs and Montreux – offers a daily luggage transport. A real trail of unsurpassable beauty awaits you.

ELEVATION PROFILE AND ROUTE STAGES



PART 1 (BUCHS-MEIRINGEN)**BUCHS - SARGANS - WEISSTANNEN***Hike Buchs - Sargans: 5:30*

A gentle start – From Buchs railway station you follow the left edge of the Rhine Valley on your way to Sargans. From Sargans, postal bus transfer to Weisstannen (not included).

WEISSTANNEN - FOO PASS - ELM*Hike Untersäss - Elm: 5:30*

This long stretched-out pass crossing Foo Pass (2223m) leads into wild scenery with magnificent waterfalls.

SwissTrailsTip: Ask in your hotel for the transfer by car to Untersäss (approx. CHF 10.–).

ELM - RICHELTI PASS - LINTHAL / BRAUNWALD*Hike Empächli - Linthal: 5:00*

On this easy panoramic high mountain trail with superb views, you will reach Obererbs with a mountain cabin serving refreshments. This is where the climb starts in earnest up to Erbser Stock, on to Wichlenmatt grassland and up further to Richetli Pass (2261m).

SwissTrailsTip: Aerial cable car from Elm (977m) to Empächli (1485m).

LINTHAL / BRAUNWALD - URNERBODEN*Hike Braunwald - Urnerboden: 3:00*

From Braunwald you will enjoy a beautiful relaxing panoramic route. Experience alpine summer life in the holiday resort of Braunwald undisturbed by cars, and also Urnerboden Switzerland's largest Alp.

SwissTrailsTip: Aerial cable car from Linthal to Braunwald.

URNERBODEN - KLAUSEN PASS - ATTINGHAUSEN*Hike Fiseten Pass - Urigen: 5:00*

The Clariden mountain trail from Fiseten Pass (2036m) to Klausen Pass (1948m) does not actually run over Mt Clariden, but you nevertheless get to feel the enormity of the massif and the cold breath of the nearby

glacier. Take the postal bus from Urigen to Attinghausen.

SwissTrailsTip: Aerial cable car from Urnerboden to Fisetenpass.

ATTINGHAUSEN - SURENEN PASS - ENGELBERG*Hike Brüsti - Fürenalp: 5:00*

This is a historic pass walk which begins in Brüsti with a spectacular ridge walk from which there is a grand vista over Lake Uri.

SwissTrailsTip: Aerial cable car up to Brüsti (1530m). Take the intersecting path over to Fürenalp to enable you to reach Engelberg in comfort by cablecar and bus.

ENGELBERG - JOCH PASS - MEIRINGEN*Hike Joch Pass - Planplatten: 5:00*

A breathtaking panoramic hiking trail with only minimal differences in altitude but magnificent views of Mt Titlis, Engstlensee and the Bernese Alps.

SwissTrailsTip: Aerial cable car from Planplatten to Meiringen.

SEASON 2010

01.06.-15.10.2010 (daily service)

PART 2 (MEIRINGEN-LENK)**MEIRINGEN - GRINDELWALD**

Hike Rosenlauri - Grindelwald: 5:30. A visit to the stunning Rosenlauri glacier gorge is recommended. The actual walk affords spectacular views of the 3 world famous giants – Eiger, Mönch and Jungfrau.

SwissTrailsTip: Postal bus Meiringen to Rosenlauri.

GRINDELWALD - KLEINE SCHEIDEGG - WENGEN / LAUTERBRUNNEN*Hike Alpigen - Lauterbrunnen: 5:10*

The famous pass saddle of Kleine Scheidegg at the foot of the Eiger north face is an impressive entrance into the close-up world of the magnificent high alps.

SwissTrailsTip: Train from Grindelwald to Alpigen.

WENGEN - SEFINENFURGGE (2612M) - GRIESALP / KIENTAL*Hike Mürren - Griesalp: 6:30*

This section of the trip truly bears the crown! As you will be going high into the Alps, this passage should be undertaken only if weather conditions are favourable.

SwissTrailsTip: Train Wengen - Lauterbrunnen - Mürren.

GRIESALP - HOHTÜRLI - KANDERSTEG*Hike Griesalp - Oeschinensee: 6:45*

From the wildly romantic alpine hamlet of Griesalp (1408m) the Via Alpina heads directly towards Hohtürli (2778m).

SwissTrailsTip: Cable car Oeschinensee - Kandersteg.

KANDERSTEG - BONDERCHRINDE - ADELBODEN*Hike Allmenalp - Adelboden: 5:30*

The Bunderspitz (2446m) is the highest point of the day (magnificent view).

SwissTrailsTip: Cable car Kandersteg to Allmenalp (1725m).

ADELBODEN - HAHNENMOOS PASS - LENK*Hike: 5:30*

This section takes you into the skiing area of Hahnenmoos (1956m). From Simmen bus connection to Lenk.

SEASON 2010

20.06.-30.09.2010 (daily service)

PART 3 (LENK-MONTREUX)**LENK - GSTAAD***Hike Betelberg - Gstaad: 5:30*

A magnificent panoramic view – high mountain trail with descent down to the sophisticated holiday town of Gstaad.

SwissTrailsTip: Cable car Lenk - Betelberg.

GSTAAD - LETIVAZ*Hike Hintereggli - L'Etivaz: 5:00*

Exploring the traditional cheese-making processes in the Summer Alps is fascinating.

SwissTrailsTip: Taxi Gstaad - Hintereggli

L'ETIVAZ - LES ROCHERS-DE-NAYE / MONTREUX

Hike La Lécherette - Les Rocher-de-Naye: 6:40. Breathtaking views over Lake Geneva and the Savoy High Alps from the Rocher de Naye. This marks the end of the Via Alpina in Switzerland.

SwissTrailsTip: Postal bus L'Etivaz - La Lécherette. Cog railway Rochers-de-Naye - Montreux.

SEASON 2010

01.06. - 15.10.2010 (daily service)

**Take a break**

Why not spend a rest day and stay for 2 nights at the same place?

We recommend:

Attinghausen
Hotel Krone (***)

Grindelwald
Hotel Kirchbühl(****)

Kandersteg
Hotel Blümlisalp (***)

Lenk
Hotel Kreuz (***)

RATES 2010 (in CHF / Euro, per Person, incl. VAT.)

OPTIONS	START AND FINISH	DAYS / NIGHTS	HIKING DAYS	OVERNIGHTS	BASIC RATES HOTEL	BASIC RATES BUDGET
A Part 1	Buchs - Meiringen	7 / 6	7	Weisstannen - Elm - Braunwald - Urnerboden - Attinghausen - Engelberg	CHF 953 / € 635	CHF 670 / € 446
B Part 2	Meiringen - Lenk	6 / 5	6	Grindelwald - Wengen / Lauterbrunnen - Griesalp - Kandersteg - Adelboden	CHF 785 / € 523	CHF 550 / € 366
C Part 3	Lenk - Montreux	3 / 2	3	Gstaad - L'Etivaz	CHF 356 / € 237	CHF 262 / € 174

* Included in the price: Accommodation / breakfast, luggage transport, guide book / documentation, Helpline
Additional nights possible at start and end destination and all stage destinations / Top Class: top class hotel (usually *****) at selected stage destinations (see elevation profile)

