



SENTIERO LAGO DI LUGANO



Monte Lema – Monte Tamaro



OVERVIEW

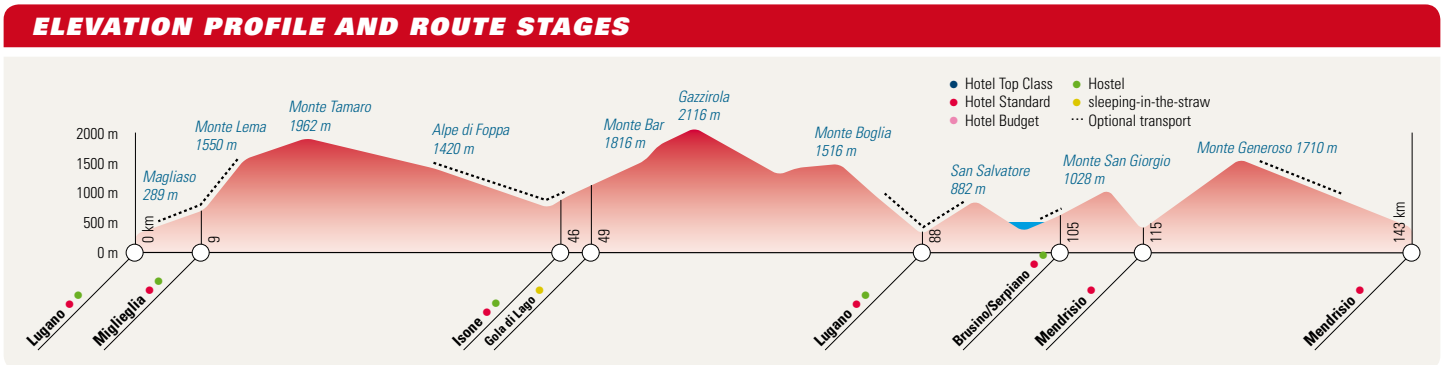
This route is the perfect way to learn about Ticino! The beauty of the Sottoceneri region unfolds from the pre-Alps to the banks of the Mediterranean and from mountain cabins to the grotto, surrounded by grapevines.

One highlight follows another starting with the famous balancing act from Monte Lema to Monte Tamaro and the Botta church at the Alpe Foppa. This is followed by the Denti della Vecchia (Old Woman's Teeth) and the Monte Boglia, probably the most impressive view point in the Sottoceneri region. Then, after Lugano comes the much-walked pathway from Monte San Salvatore to picturesque Morcote. On the other side of the lake there are dinosaur fossils on the Monte San Giorgio dating from a long-ago era. The Monte Generoso is the summit point and the Valle di Muggio is a fine example of a Southern Swiss valley.

OUR STAGE SUGGESTIONS

1. LUGANO / MAGLIASO - MIGLIEGLIA (LUGANO) 3:10
2. MIGLIEGLIA (CABLE CAR) - MONTE LEMA - MONTE TAMARO - ALPE DI FOPPA (CABLE CAR / POSTBUS) - RIVERA - MEDEGLIA / ISONNE 5:00
3. ISONNE - MONTE BAR - ALBUMO - TRANSFER WITH CAR TO ISONNE 5:00
4. TRANSFER WITH CAR TO CERTARA - SAN LUCIO - PAIROLO - CIMADERA TRANSFER WITH CAR TO ISONNE 5:40
5. TRANSFER WITH CAR TO CIMADERA - PAIROLO - MONTE BRÈ/LUGANO 6:45
6. LUGANO - MORCOTE - (BOAT/CABLE CAR) SERPIANO 5:15
7. SERPIANO - MENDRISIO 3:30
8. MENDRISIO - MONTE GENEROSO (CABLE CAR CAPOLAGO) - MENDRISIO 7:00

* The transfers from and to Isonne take about 1:00 to 1:30 hours each



RATES (in CHF, per Person, incl. VAT.)

Part	Category	Start / Overnights / Finish	Days / N.	Rate
Part 1	B Standard Hotel	Lugano ^B - Migliegla/Lugano - Isonne - Cap. Monte Bar (Isonne) - Cap. Pairolo (Isonne) - Lugano ^B	5/4	647.-
Part 2	B Standard Hotel	Lugano ^B - Serpiano - Mendrisio - Mendrisio ^B	3/2	356.-
Part 3	B Standard Hotel	Lugano ^B - Migliegla/Lugano - Isonne - Cap. Monte Bar - Cap. Pairolo - Lugano - Serpiano - Mendrisio - Mendrisio ^B	8/7	1091.-

Rates include: accomodation, breakfast, luggage transfer, travel documents, helpline. Additional night: D) Hostel: 45.-, B) Standard: 90.-